

Grieving? YOU DON'T HAVE TO HURT ALONE ALONE.



If you are a registered Cañada student or staff member, you are eligible for CAÑADA TALKNOW, a 24/7 FREE REMOTE counseling service.

Visit <https://canadacollege.edu/pcc/> for more information.

We're here to listen.

Whether it's a weekend, a holiday, or the middle of the night, we are here for you because YOUR STRUGGLES MATTER TO US.



For disability-related accommodations, please email: canvpss@smccd.edu or call (650) 306-3234.